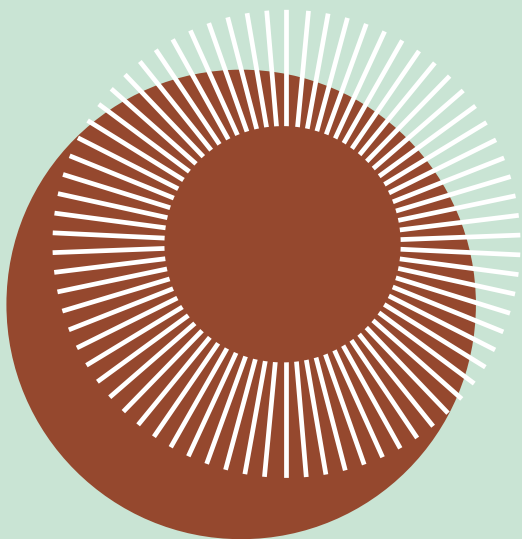


# Health for All Strategy 2018—2023



**health** for all  
*Changing Lives, Transforming Communities*

5 years



## Our Vision

**Changing Lives, Transforming and Championing Communities** – people's needs and aspirations are at the heart of everything we do.

Health for All award winning services are here to help you, your family, your community.

Everything we do aims to meet the needs of the city and the communities:

- / Help people live healthier lives, happier lives
- / Create better outcomes for children and families
- / Reduce social isolation and build stronger communities

# HOW DO WE PUT OUR AIMS AND VALUES INTO PRACTICE?

## Our Values

The core values of how we work are that we work with and alongside people.

We believe that working together we can change situations in communities through quality services, support and motivation.

We respect the immense worth of each individual, as everyone is unique and we recognise the talents and experiences of everyone.

We believe in giving ownership and empowerment to all individuals, community groups, staff and volunteers.

We value the co-production of services – where we can ensure the voice of the communities.

We celebrate what we have in common and our differences, we do not shy away from diversity.

## We achieve change through focusing on 3 areas of services

- 1/ **Children, young people and families**, through kinship with groups of care leavers, young people and their mental health, confidence building all on a 1 to 1 basis and group activities
- 2/ **Adult services and social care**, working across communities of interest on health and well-being, men's groups, older people's networks, supporting young mothers.
- 3/ **Developing and managing community assets** as a resilient community enterprise, working in partnership to use community assets, buildings for the community.

## We achieve change by

Understanding the changing needs and the pressures facing communities and the context of less funding and increase competition for resources.

Through ensuring that we wrap our services around other provision and use innovative ways to address social, health, education and local economic issues.

We develop and deliver services in local communities, developing community-based assets and adding value, more than stand alone services.

We use restorative practice and are always looking to see how we can develop and share our work.

## How we do it

Listening and responding to the voices of communities, families and young people.

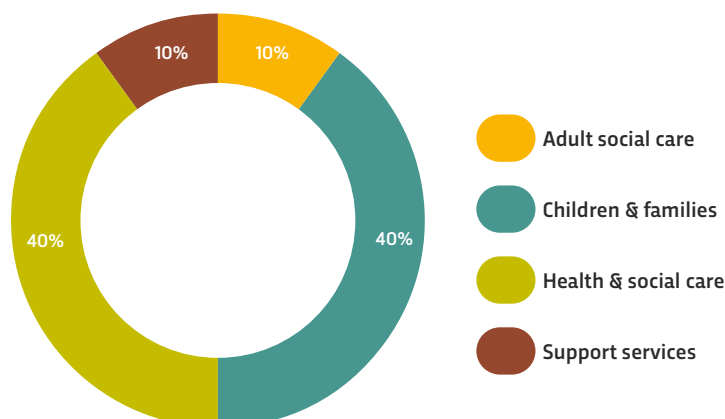
Working with our partners and groups in the co-production of services – Children and young people's work in range through kinship, care leavers, young people and mental health.

Working with families, a holistic and whole family approach & families first, in health and wellbeing.

Working with different communities of interest, including Chinese, Pakistani, Indian, Gambian, Eritrean and Moldovan.

# FINANCE AND PEOPLE

A turnover of in excess of £2m annually over the last 10 years which is apportioned, under adult social care, children and families, health and social care and support services.



## Health For All employ:

110+ staff

30 Volunteers – allocated to the areas of work

7,000 – 10,000 people who use the services at any one time

7 community and family centres – 7 community assets

We have held workshops with our senior team, our trustees, staff, volunteers and service users. We know our strengths and the areas in which we can develop over the next 5 years.

We have worked with Trustees to look ahead over the next 5 years and to review the skills and experience we need on the Board.

## Priorities for building on our strengths

- / The delivery of responsive and reactive services, involving the community in shaping the service priorities. To deliver to quality standards and be known for high quality delivery.
- / Co-production of the planning and delivery of services, through the engagement of local people and community groups. HFA to be known for community knowledge to develop services with and across schools, health and employment
- / Develop the network for collaboration of ideas with other professionals, volunteers and managers.
- / To continue to build models of better practice and innovation delivered by Health For All.
- / Demonstrating and measuring impact, progression and the changes in communities.

# THE STRATEGY – CONSULTATION AND INVOLVEMENT

# THE NEXT FIVE YEARS

# 5 years

Health for All Strategy 2018 – 2023

In 2019 / 2020 we will publish our first full impact assessment and see growth of over 30% with plans to continue the growth of services.

- / More community-based services in collaboration and support of the 'statutory' health, education and employment services in Leeds.
- / Influence practice through demonstrating the impact of changes in the community through our approach and in partnership.
- / Promote and create the opportunities for families, children, individuals and communities to be resilient, strong and enterprising.
- / Delivering a financially sustainable organisation to develop community-based services.
- / Further develop the collaboration with Leeds Beckett University in learning and development through workshops and training in safeguarding, restorative and reflective practice to inform policy and support the co-production of services.
- / To invest in research & development, informed by impact assessment.
- / To work with partners and funders to be a voice for young people on child sexual exploitation and identify needs through early intervention.
- / To extend our work across more communities in West Yorkshire.
- / To work with commissioners on the co-production of services.
- / To enable community groups to share their experiences, to find solutions and to aspire to improving health, wellbeing and the access to wider educational employment opportunities.



**health for all**  
Changing Lives, Transforming Communities

**Health for All (Leeds) Ltd**  
Tenants Hall, Acre Close  
Middleton, Leeds LS10 4HX  
0113 270 6903  
info@healthforall.org.uk  
www.healthforall.org.uk  
@healthforalllds

