



Calendar
2020-2021

Annual Review
2019

Health for All brings
people together



Welcome to the Health for All Annual Review 2019

Health for All's vision is health and wellbeing for all, a society free from inequality, poverty and isolation. Our mission is to help the poorest and most vulnerable communities overcome the challenges of health and social inequality, enabling people to live happy, healthy, fulfilling lives.

We hope you enjoy this brief snapshot of our charity's work to achieve those aims over the past year.

Dr Raj Menon
Chair of Trustees

Photos by Mat Dale



Health for All strengthens communities





Health for All brings people together



04

April 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Highlights of the year

- New build Beeston Village Community Centre
- Refurbishment of Cranmore and Raylands Community Centre
- HFA Occupational therapist appointed serving frail older people
- Suicide Prevention project supporting vulnerable men
- Innovative, responsive project reducing loneliness and isolation of care leavers
- People's Postcode Trust award to reduce poverty amongst care experienced young people
- CLLD funded Raising Aspirations project supporting families and disabled people to work
- Live Well Leeds partner improving mental health in south Leeds

Changes during the year

- Closure of HFA Family Intervention service, transfer of staff to new provider, resources secured to continue Family Support groups and Middleton Family centre
- Closure of HFA Skills Hub at rear of Cockburn School, continued support for vulnerable men through new Construction facility in Belle Isle and HFA allotments
- Completion of successful project tackling child sexual exploitation of boys, resources secured to continue support groupwork
- Extension of HFA health, family and learning disability services : Healthy Communities, ACE, Stronger Families, SWIFT, The Bridge, Bee Together



Health for All builds people's confidence



05

May 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Plans for 2020

- Beeston Village Community centre open for local community groups
- Positive Destinations project supporting young people towards employment and training
- Cranmore and Raylands Centre fully operational serving local communities
- Additional SWIFT project serving older people in south Leeds
- Launch of Bradford Better Start Breastfeeding peer support groups
- Secure resources for expansion of Lychee Red serving Chinese communities



Thanks to our funders





Health for All inspires young people



06

June 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
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29	30					

Our Management Team

Chief Executive **Pat McGeever**

Finance/Business Planning **Cath Pearson**

Young People and Families **Vikrant Bhatia**

Learning Disabilities **Carol-Ann Reed**

Raising Aspirations **Danielle Newton**

Healthy Communities **Toshali Bhatia**

Bradford Breastfeeding **Rachel Duxbury**

ACE/Change for Life **Richard Weaver**

Community Transport **Norman Mann**

Cranmore and Raylands **Martin Brennan**

Tenants Hall/Facilities **Rachel Irwin**

HR/Training **Vicky Standish**

Our Trustees

Raj Menon (Chair)

Maggie Dawkins (Vice Chair)

Audrey Dickinson (Treasurer)

Paul Truswell

Ambia Khatun

Tim McSharry

Lynn Bailey

Tim Snell

Martin Bartholomew

Andy Myers



Health for All connects people



07

July 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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13	14	15	16	17	18	19
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27	28	29	30	31		



Cranmore and Raylands Community Centre

Cranmore Drive, Leeds 10

Reclaimed from disuse for local community groups, comprises large hall, IT Access suite, kitchen, Community Radio, limited parking.

Contact Martin Brennan on 07432 702911 or martin.brennan@healthforall.org.uk





Health for All builds people's skills



08

August 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
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24	25	26	27	28	29	30
31						



Beeston Village Community Centre

Beeston Park Place, Leeds 11

Former library saved from demolition for local community use, rebuilt with over £1 million from National Lottery and other funders, comprises two large halls, large kitchen, meeting rooms, Changing Place facility, parking.

Contact Toshal Bhatia on 07507 644215 or toshal.bhatia@healthforall.org.uk





Health for All includes people



09

September 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
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Holbeck Community Centre

Elland Road, Leeds 11

Originally a Youth Centre with changing rooms, refurbished with grants secured by local young people, comprises large hall, kitchen, IT suite, Holbeck Food Bank, outside Multi Use Games Area (MUGA), parking.

Contact Carol-Ann Reed on 0113 2762720 or carol-ann.reed@healthforall.org.uk





Health for All improves people's health



10

October 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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Tenants Hall Enterprise Centre

Acre Close, Leeds 10

Originally built with money raised by Middleton tenants in the 1950s, rebuilt with European and Government funding, comprises large hall with sprung floor, multi purpose room, meeting rooms, three kitchenettes, offices for rent, parking.

Contact Rachel Irwin on 0113 2706903 or rachel.irwin@healthforall.org.uk





Health for All strengthens families



11

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
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23	24	25	26	27	28	29
30						



Middleton Family Centre

Sissons Road, Leeds 10

Originally a refuge for young mums, refurbished with Surestart funding to support local families, comprises offices, meeting rooms, kitchen, crèche, limited parking.

Contact Vikrant Bhatia on 07956 077727
or vikrant.bhatia@healthforall.org.uk





Health for All nurtures people's talent



12

December 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7	8	9	10	11	12	13
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HFA Skills Hub

Cranmore Drive, Leeds 10

Large Portakabin in grounds of Cranmore and Raylands Centre, comprises large space suitable for crafts, construction, woodwork, limited parking.

Contact Martin Brennan 07432 702911 or martin.brennan@healthforall.org.uk





Health for All supports people to work



01

January 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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4	5	6	7	8	9	10
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25	26	27	28	29	30	31



The Bridge Café @ Watsonian Pavilion Cross Flatts Park

Thriving local Community café with inside and outside seating, serving snacks and drinks prepared by adults with learning disabilities, suitable for cultural events, informal meetings.

Contact Sid Mahiuddin on 0794 4461545 or sid.mahiuddin@healthforall.org.uk





Health for All gets people active



02

February 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
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HFA ACE Team

ACE enables children, learning disabled adults and families to be active throughout life, with qualified experienced coaches delivering a wide range of fun multisports, tournaments, holiday programmes, residentials, accredited sports leadership courses.

Contact Richard Weaver on 0113 2706903
or email richard.weaver@healthforall.org.uk





Health for All reduces isolation



03

March 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



HFA Community Transport

Eleven vehicles including two community cabs, staffed by a team of 14 DBS checked, trained drivers, available for hire by community and faith groups, schools and charities, reliable service and competitive rates.

Contact Norman Mann on 07956 561783 or norman.mann@healthforall.org.uk



The year in numbers

People reached



Adults

5,611

Children
& young
people

4,287

Older people

683

Families

412

Total number of people reached 10,581



Funding for small groups:

total £297,550 **raised for small groups during the year**

A taster of the groups & sessions run



Care experienced
young people
supported



Mums supported
to breastfeed



Adult Learning
courses run
engaging 188
Learners



Sports coaching sessions
per week delivered by
ACE in 50 schools and
community centres

Transport



Vehicles



Journeys



Passengers



Miles driven



healthforall
changing lives • transforming communities



Health for All

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